



## Crunchy Vegetable Make-Ahead Salad

### Ingredients:

2/3 cup Hidden Valley® The Original Ranch Dressing  
4 cups small cauliflower florets  
2 cups sugar snap peas  
1-1/2 cups diced red bell pepper  
1/2 cup minced red onion  
1/3 cup sunflower kernels  
shredded red cabbage  
salt & pepper to taste

### Directions:

- 1) Combine together the dressing, cauliflower, peas, pepper, and onion. At this point the salad can be refrigerated for 24-48 hours.
- 2) Season with salt & pepper, as needed.
- 3) Serve salad on a shallow bed of red cabbage.
- 4) Sprinkle with sunflower kernels.

Serves: 6



### Make it a meal:

For a heartier salad, add some cold, diced, cooked chicken, Canadian bacon, or crumbled bacon.

Recipe from: [www.hiddenvalley.com](http://www.hiddenvalley.com)



For more great recipes, visit [www.dystesgrocery.com](http://www.dystesgrocery.com)